

# **WOLVERINE HOPE**

## **MENTAL HEALTH SUPPORT**

### **Football Alumni of Michigan Has Launched "Wolverine Hope"**

**A Ground-Breaking Mental Health Resource Free for Football Alumni and Their Immediate Families**

#### **Program Highlights**

- **Dedicated Concierge Call Line:** Access is available 24/7 at **(877) 8HOPE80**, (877) 846-7380, offering personalized help and immediate crisis intervention, alongside non-crisis interactions via [wolverinehope@hopedesk.co](mailto:wolverinehope@hopedesk.co).
- **Preferred Clinical Program Access:** Alumni and their families receive prioritized entry to tailor-made mental health services suited to their unique needs.
- **Comprehensive Provider Network:** A nationwide assembly of vetted and accredited mental health providers ensures a wide array of high-quality care options for Michigan football alumni.
- **Affordable Care Options:** Recommendations based on your insurance coverage and discounted pricing structures for out-of-pocket services make mental health care more accessible and affordable for program participants.
- **Variety of Services Available:** In-person or telehealth therapy and counseling, substance use treatment, psychiatric care and

medication management, crisis intervention, life coaching, and more.

**See the attached flyer for more details and frequently asked questions.**

## **A Note to the FAM**

"While our Teammate Assistance Program (TAP) has significantly aided our alumni with financial, legal, and career challenges, we acknowledge the profound struggles many face with mental health. Wolverine Hope, accompanied by a robust mental health awareness campaign beginning this year, empowers us to extend our support network, reaching more alumni and their immediate families than ever before. If you or a family member are in need of mental health or substance use care, I wholeheartedly encourage you to utilize this free service funded by the Football Alumni of Michigan."

**- Andy Borowski, FAM Chairman**

[www.michiganfootballalumni.org](http://www.michiganfootballalumni.org)

Management and implementation of the Wolverine Hope Program will be through The Hope Desk. This organization brings concierge service and an expansive network of reputable mental health and substance use programs nationwide. This ensures swift, confidential matching with ideal resources for those in need.

### **About The Hope Desk:**

The Hope Desk is committed to demystifying the complexities of mental health and substance use by providing simplified, accessible support solutions. We strive to streamline the process of connecting with the right resources, aiming to make seeking help as straightforward as possible. By working closely with organizations, we assist members or employees grappling with mental health and substance use issues by guiding them to the most suitable services based on their unique situation, including

geographic location, care level, financial capacity, and insurance coverage. By curating a comprehensive network of trusted programs and launching in-person mental health educational initiatives and anti-stigma campaigns, The Hope Desk eliminates the confusion often associated with finding proper support. For more, visit <https://hopedesk.co>.

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